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EXCHANGE REPORT FORM

Name: _____ Program: _____
Host University: _____ Host Country: _____
Semester: _____ Year: _____

Hello and welcome back from your exchange! We at Concordia International hope that you had a truly wonderful and life changing experience. In order to lend a hand to future exchange students, and for our staff's information, we ask that you fill out the following information sheet regarding your exchange. Please be as precise and inclusive as possible in the details you provide in your report.

Please complete and save this form on your computer, and e-mail it as an attachment to the International Liaison Officer responsible for your exchange.

SECTION 1 – CHOOSING YOUR HOST

Please provide information here for students who are thinking about applying to your host institution, or who have been accepted and are preparing for their time abroad.

1. Why did you choose your host institution and country? Please list the pros and cons of your choice.

2. What were the semester dates at your host institution? How are the semesters called and split? What are the main holidays and breaks?

3. What facilities were available at the school (library, gym etc), and did you pay any extra fees to be able to use them?

4. How easy/difficult was it to match courses with your Concordia courses? Do you have any specific suggestions for future students?

5. What can students expect out of the classes they will be attending? How difficult were the courses? What was the grading/evaluation system like?

6. What were the immigration procedures and requirements for your host country? Did you need a visa (please mention your citizenship)? How much did the visa cost? Are there any special options available to Canadians/Quebecers?

7. How much (approximately) should students budget monthly for the following: housing, local transportation, food, health insurance, going out, travel to and from the host country as well as within?

SECTION 2 – HOUSING

1. Where did you live while you were on exchange (i.e. on your own or in a student residence)? Were you happy with your decision?

2. How difficult was it to find housing? Did the host school assist you with the housing process?

3. Do you have any suggestions on good places (i.e. websites) for students to look for housing? Do you have any suggestions for locations in the city students might want to live?

SECTION 3 – SETTLING IN

In this section please provide details for what students can expect in their first few days in their new home and during their exchange.

1. What orientation activities were there for incoming exchange students? If possible, please provide a brief summary of what your first week was like.

2. Are there any non-academic related formalities to be taken care of upon arrival?

3. What are the school related formalities to be taken care of upon arrival?

4. Where and how did you set up a bank account? How did you go about activating a cell phone?

5. Do you have any travel tips, information about must-see places, or tips on places to go out for students attending your host school?

6. Did you encounter much culture shock during your exchange? Is there anything that Concordia students studying in your host country should be aware of?

SECTION 4 – FINAL THOUGHTS

Now that your exchange has come to an end, take a bit of time to reflect on your experience.

1. How has your exchange affected you in your academic and personal life?

2. Do you have any further advice for future exchange students or any other comments you would like to add?